

# The Ultimate Drumset Coordination Method for Developing Complete Independence

Are you ready to take your drumset playing to the next level? If so, then you need to develop complete independence. This means being able to control each of your four limbs (two hands and two feet) independently, so that you can play complex rhythms and fills without getting tangled up.



## Drumset Coordination: A Method for Developing Complete Independence by Blake Paulson

★★★★☆ 4 out of 5

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There are many different ways to develop coordination, but I've found that the most effective method is to use a practice pad. A practice pad is a small, rubber pad that you can hit with your drumsticks. It's a great way to isolate your hands and feet, and to focus on developing your coordination.

## The Practice Pad Method

The practice pad method is a simple but effective way to develop coordination. Here's how it works:

1. Start by sitting at a table or desk with your practice pad in front of you.
2. Place your left hand on the practice pad and your right hand on your right thigh.
3. Begin tapping your left hand on the practice pad while simultaneously tapping your right hand on your thigh.
4. Gradually increase the speed of your taps until you're tapping as fast as you can.
5. Once you've mastered the basic hand-to-thigh tap, you can start adding in other movements, such as tapping your right hand on your left thigh, or tapping both hands on the practice pad at the same time.

As you practice the practice pad method, you'll start to notice that your coordination improves. You'll be able to play more complex rhythms and fills, and you'll be less likely to get tangled up.

### **Tips for Developing Coordination**

- Be patient. Developing coordination takes time and practice.
- Start slowly. Don't try to play too fast too soon.
- Focus on accuracy. It's more important to play the right notes than to play fast.
- Practice regularly. The more you practice, the better your coordination will become.
- Have fun! Developing coordination should be enjoyable.

## Exercises for Developing Coordination

Here are a few exercises that can help you develop coordination:

1. **Single-limb exercises:** These exercises involve playing one limb at a time, while keeping the other limbs still. For example, you could tap your right hand on a practice pad while keeping your left hand and feet still.
2. **Double-limb exercises:** These exercises involve playing two limbs at the same time. For example, you could tap your right hand on a practice pad while simultaneously tapping your left foot on the ground.
3. **Cross-limb exercises:** These exercises involve playing two limbs in a crossed pattern. For example, you could tap your right hand on a practice pad while simultaneously tapping your left foot on your right thigh.

You can find more coordination exercises in the following resources:

- [Drumeo](#)
- [YouTube](#)

Developing complete independence is an essential skill for any drummer. By following the practice pad method and the tips and exercises outlined in this article, you can improve your coordination and become a more versatile and expressive drummer.

So what are you waiting for? Start practicing today and see how quickly your coordination improves!

## Image Credits

- Vic Firth Practice Pad
- ProMark 5A Wood Tip Drumsticks



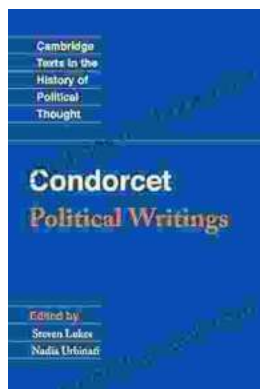
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