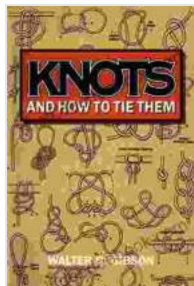


Knots and How to Tie Them: A Comprehensive Guide



Knots and How To Tie Them by Walter B. Gibson

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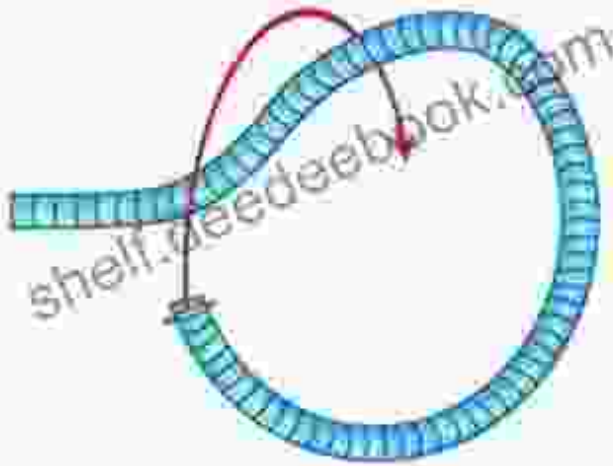
Knots are an essential part of life, used for everything from tying shoelaces to securing a boat to a dock. But with so many different knots out there, it can be hard to know which one to use for what purpose. This guide will teach you how to tie the 10 most essential knots, so you can be prepared for any situation.

The 10 Essential Knots

1. Overhand Knot

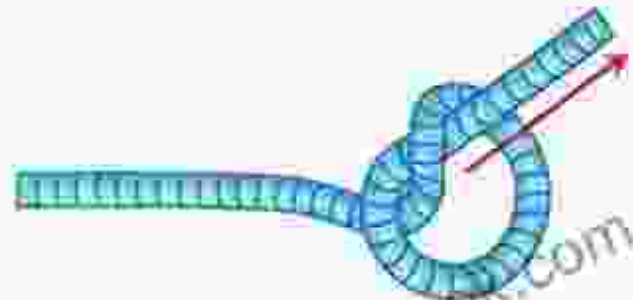
The overhand knot is the most basic knot, and it's used for a variety of purposes, such as tying a rope to itself or creating a loop. To tie an overhand knot, simply cross the two ends of the rope over each other and then pass the end of the rope through the loop.

Overhand Knot Instructions



- 1 Form a loop by passing the tag end over the standing part.

- 2 Tuck it inside the loop and pull it out completely.



- 3 Pull both ends to tighten.

2. Figure-Eight Knot

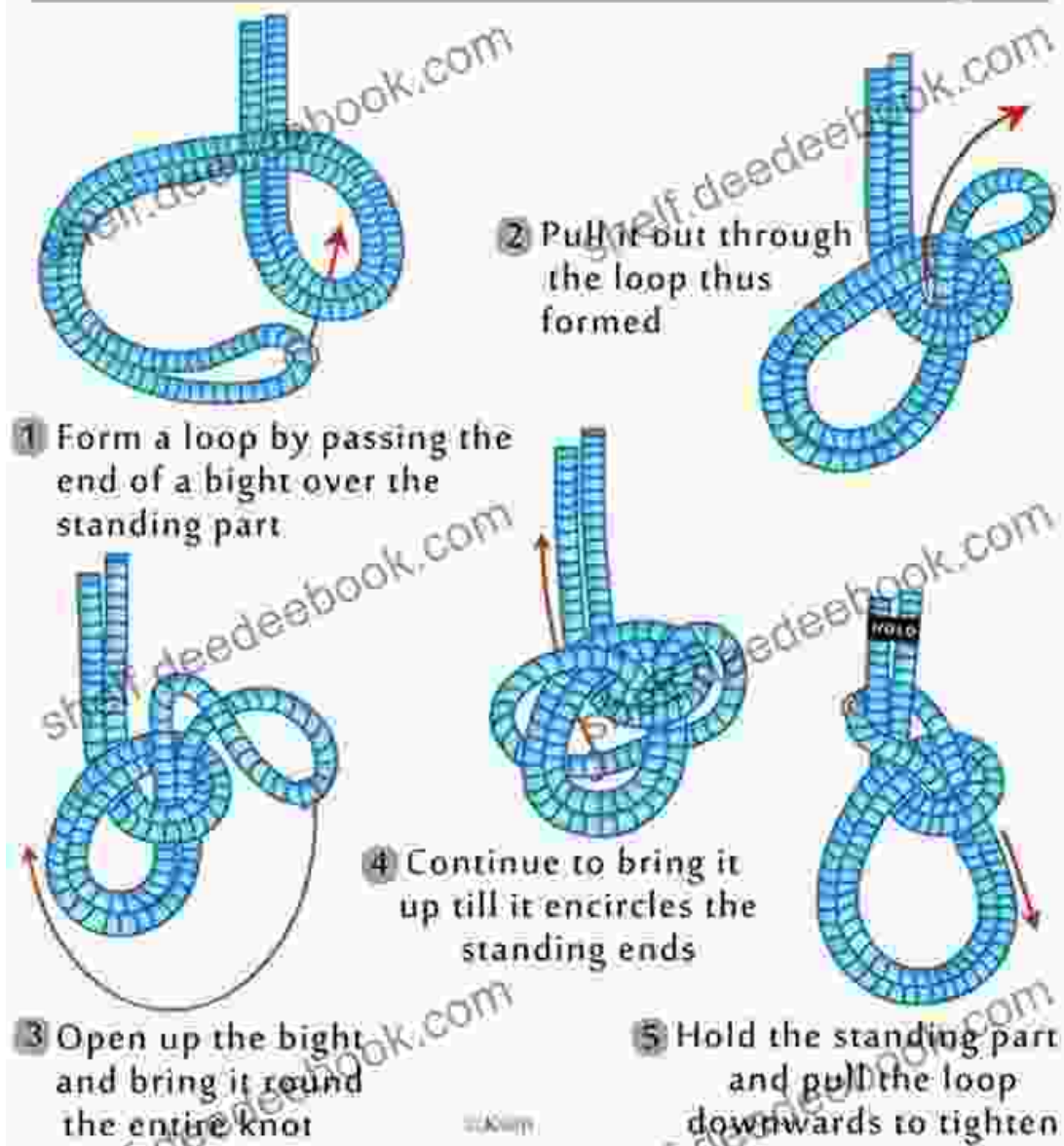
The figure-eight knot is a more secure version of the overhand knot, and it's often used for tying a rope to a post or a tree. To tie a figure-eight knot, first make an overhand knot, and then pass the end of the rope through the loop twice.



3. Bowline Knot

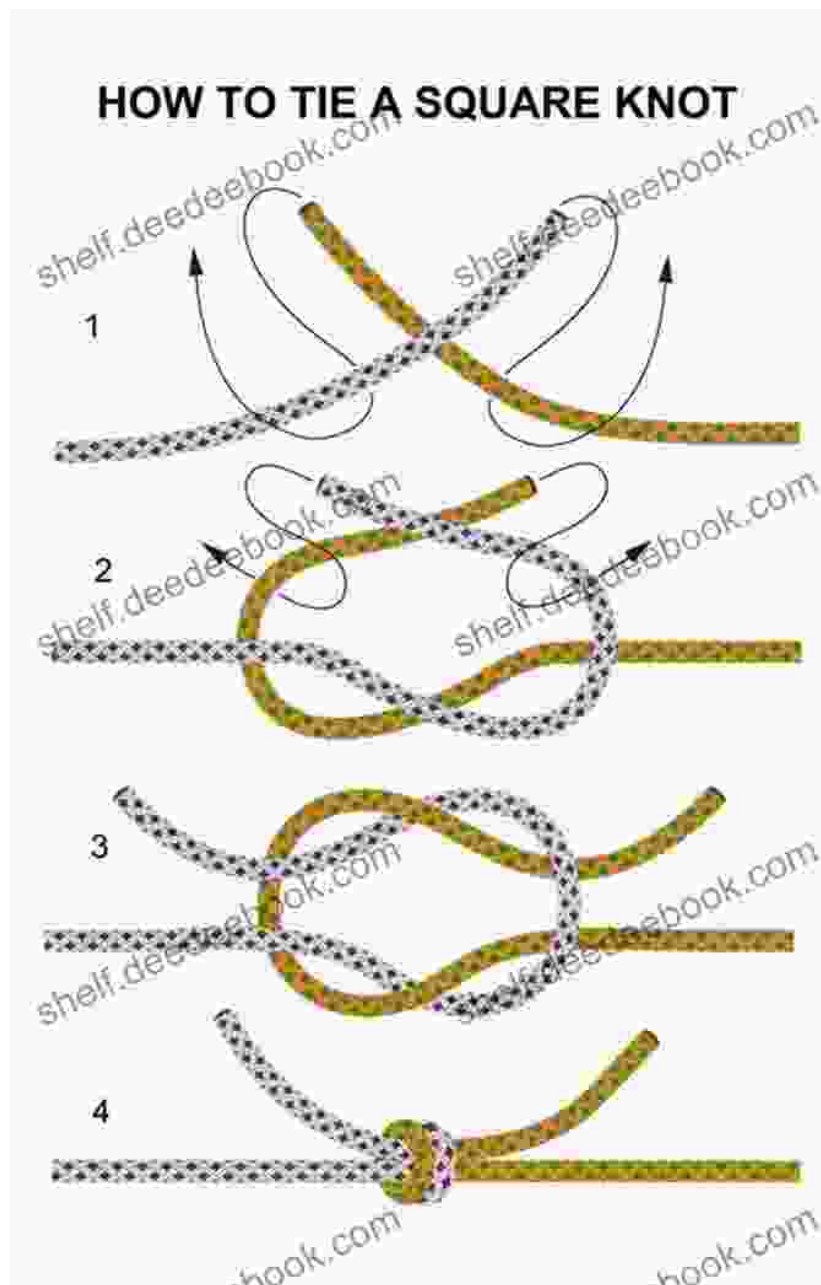
The bowline knot is a strong and secure knot that's used for creating a loop that won't slip. It's often used for tying a boat to a dock or for creating a loop in the end of a rope. To tie a bowline knot, first make a small loop in the end of the rope, and then pass the end of the rope through the loop twice.

How to Tie a Bowline on a Bight



4. Square Knot

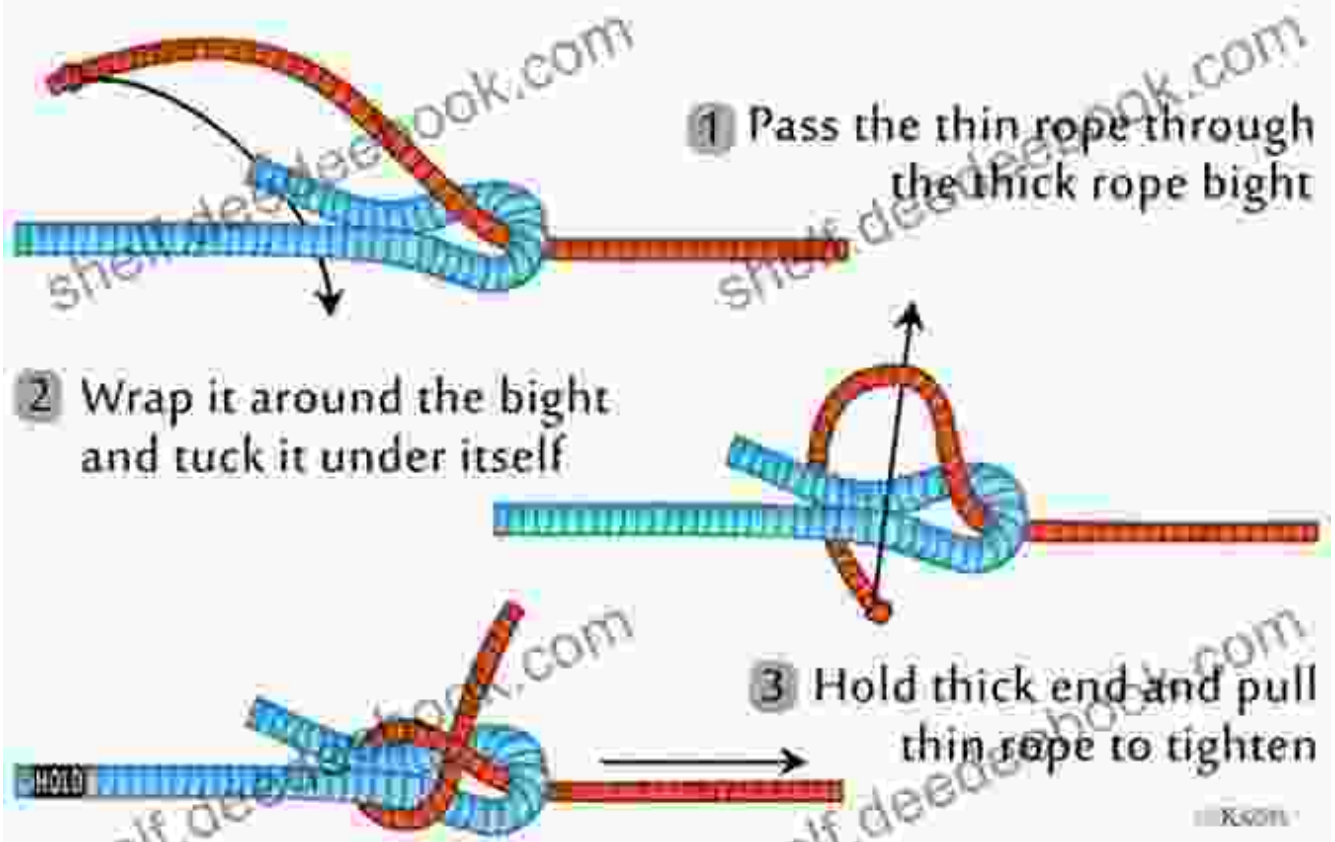
The square knot is also known as the reef knot, and it's used for tying two ropes together. To tie a square knot, simply cross the two ropes over each other, and then pass the end of each rope through the loop on the other side.



5. Sheet Bend Knot

The sheet bend knot is used for attaching a rope to a larger rope or a sail. To tie a sheet bend knot, first pass the end of the rope around the larger rope, and then pass the end of the rope through the loop.

Sheet Bend Step By Step



6. Clove Hitch Knot

The clove hitch knot is used for securing a rope to a post or a tree. To tie a clove hitch knot, simply wrap the rope around the post twice, and then pass the end of the rope through the loops.

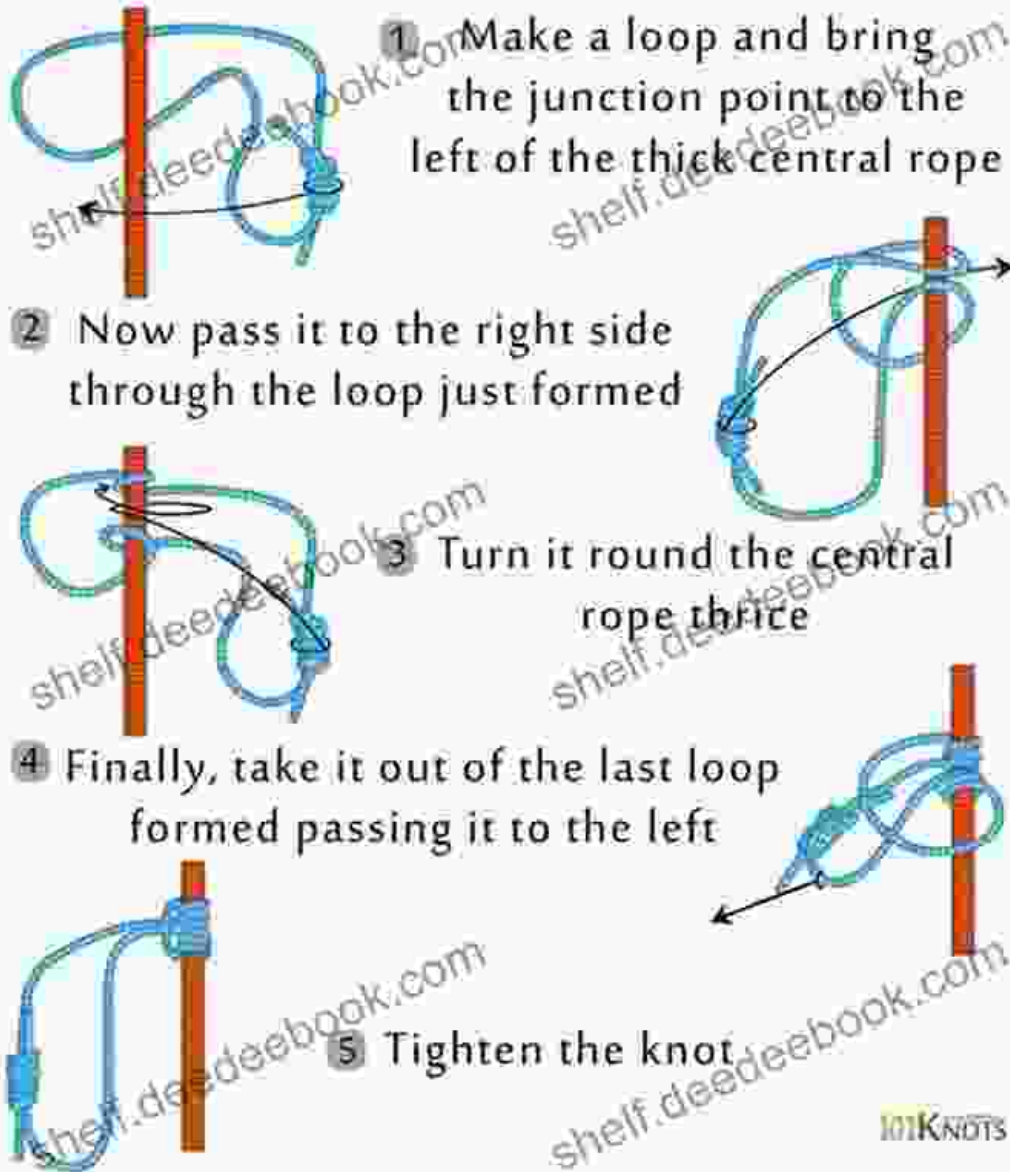
Clove Hitch On A Bight



7. Prusik Knot

The prusik knot is a friction knot that's used for climbing ropes. To tie a prusik knot, simply wrap the rope around the main rope twice, and then pass the end of the rope through the loops.

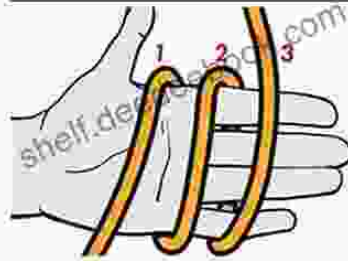
Prusik Knot Instructions



8. Alpine Butterfly Knot

The alpine butterfly knot is a strong and secure knot that's used for creating a loop in the middle of a rope. To tie an alpine butterfly knot, simply cross the two ends of the rope over each other, and then pass the end of each rope through the loop on the other side.

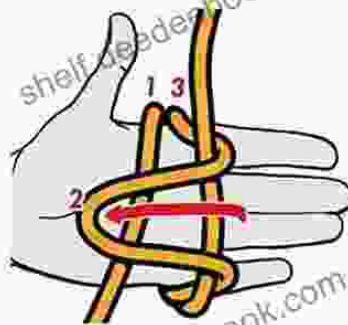
HOW TO TIE THE ALPINE BUTTERFLY KNOT



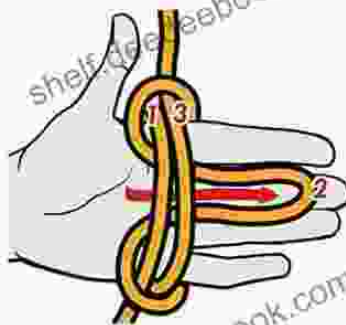
1: **WITH** one end of the rope toward you and the other going away, wrap the rope around your hand three times. Starting from your wrist, number these loops 1, 2, and 3.



2: **THINK** of the middle loop, Loop 2, as your active loop. This is the only loop you'll be manipulating. Start by sliding Loop 2 under the third loop (Loop 3).



3: **NEXT**, swing Loop 2 back across the top of loops 1 and 3.



4: **NOW** take Loop 2 back underneath loops 1 and 3.



5: **GRASP** the end of the second loop and gently slide the knot off your hand. To complete and tighten the knot, tug both ends and the loop simultaneously.



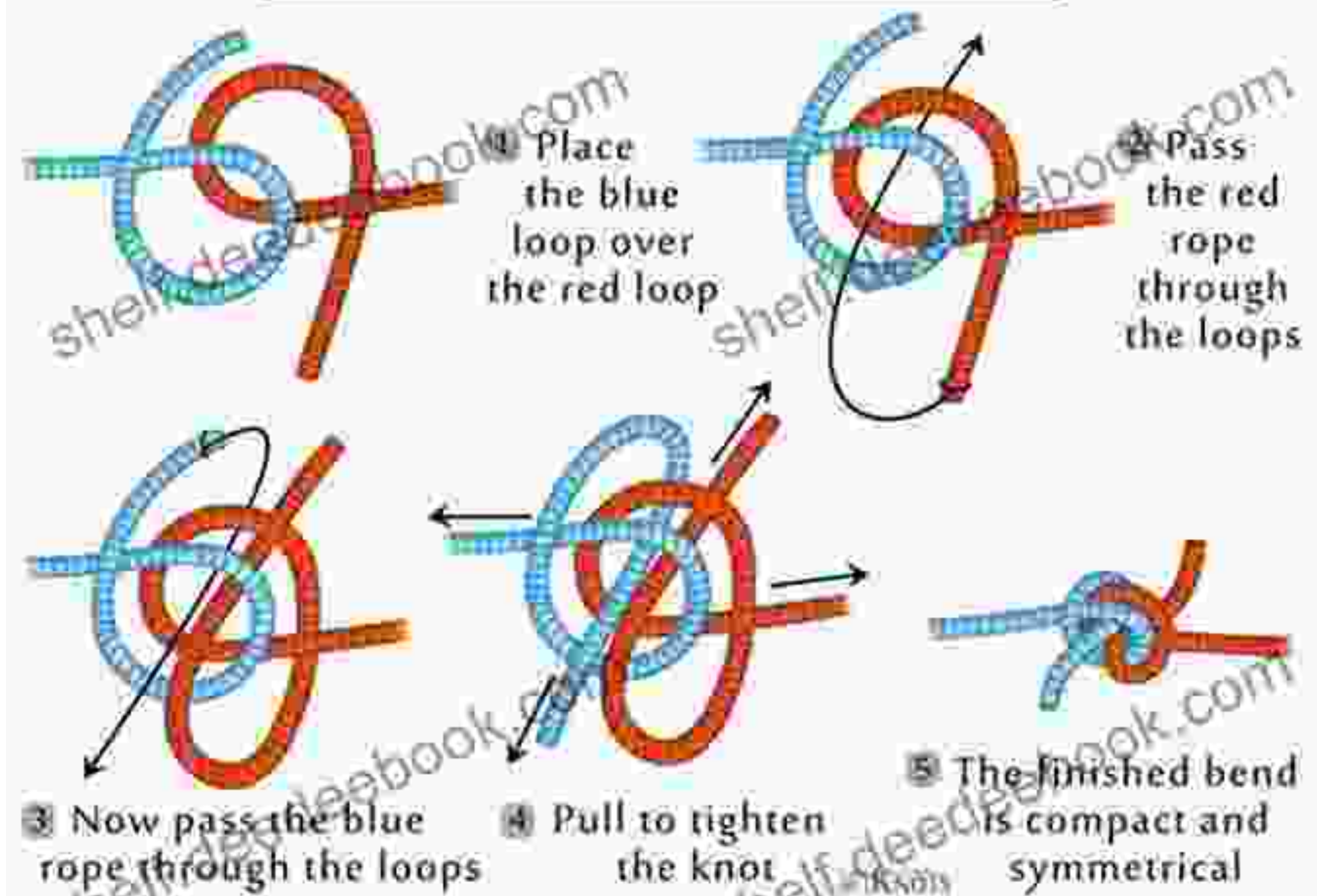
6: **YOUR** completed alpine butterfly knot!

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9. Zeppelin Bend Knot

The zeppelin bend knot is used for attaching two ropes together, and it's especially strong and secure. To tie a zeppelin bend knot, first make a small loop in the end of one rope, and then pass the end of the other rope through the loop.

Zeppelin Bend Tying Steps



10. Lashing Knot

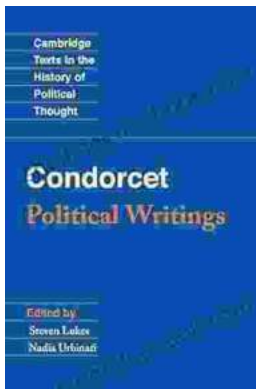
The lashing knot is used for attaching two pieces of wood together. To tie a lashing knot, simply wrap the rope around the two pieces of wood, and then pass the end of the rope through the loops.

Lending

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