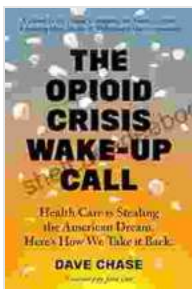


Health Care Is Stealing The American Dream: Here's How We Take It Back

Health care costs are rising faster than inflation, and it's putting a strain on families and businesses. According to a recent study by the Kaiser Family Foundation, the average annual premium for employer-sponsored health insurance has increased by 20% over the past decade. And for many families, health care costs are their biggest expense after housing.

This is not sustainable. Health care costs are eating away at the American Dream. We can't afford to keep spending more and more on health care, while our wages stagnate and our savings dwindle.



The Opioid Crisis Wake-Up Call: Health Care is Stealing the American Dream. Here's How We Take it Back

by Dave Chase

★★★★☆ 4.7 out of 5

Language	: English
File size	: 10621 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 495 pages
Lending	: Enabled



So what can we do? How can we take back control of our health care and make it more affordable?

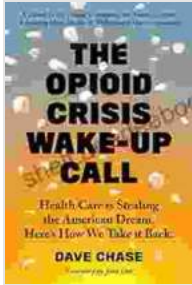
Here are a few ideas:

1. **Support universal health care.** Universal health care is a system in which everyone is covered by a single, government-run health insurance plan. This would eliminate the need for private health insurance, and it would significantly reduce the cost of health care.
2. **Regulate the health insurance industry.** The health insurance industry is a major source of waste and inefficiency. We need to regulate the industry more closely, to prevent insurers from overcharging and denying claims.
3. **Invest in prevention.** Preventing illness is much cheaper than treating it. We need to invest in prevention programs, such as childhood vaccinations, healthy eating initiatives, and smoking cessation programs.
4. **Educate consumers.** Consumers need to be better informed about health care costs and health insurance options. We need to educate consumers about how to comparison shop for health insurance, and how to avoid unnecessary medical expenses.

Taking back control of our health care will not be easy. But it's essential if we want to preserve the American Dream. We need to demand affordable health care for all Americans.

Health care is a basic human right. It should not be a luxury that only the wealthy can afford. We need to take back control of our health care and make it more affordable for all Americans.

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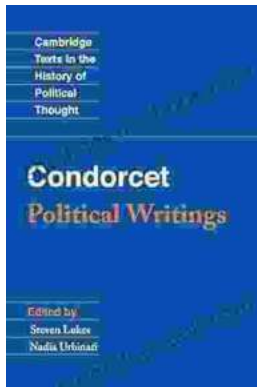


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